



INDIAN SCHOOL AL WADI AL KABIR
DEPARTMENT OF ENGLISH [2024– 2025]

TOPIC: Reading Comprehension

WORKSHEET

RESOURCE PERSON: Ms. Lubna Imran

NAME: _____ CLASS: V SEC: ____ DATE: _____

I. Read the article given below and answer the questions.

Anti-Bullying Day

Why do we need an Anti-Bullying Day?

Bullying affects millions of people. It can happen anywhere and anytime to anyone. People who are bullied are likely to suffer from depression and anxiety. They lose interest in their daily activities and they could avoid spending time with other people, thus affecting their mental health.

What is Anti-Bullying Day?

The United Nations Anti -Bullying Day is celebrated on 4th May every year. In Canada, 22nd February is known as Pink Shirt Day, when people wear a pink coloured shirt to stand up against bullying.

What's Bullying?

Bullying can be physical, like hitting or kicking someone or stealing their things. It can also be with words – speech or writing mean things! Another type of bullying is social, choosing not to include someone in one's peer group and telling other people not to be friends with them. It can happen at school, in bus or online too.

Who's involved in Bullying?

Bullying involves those who bully, those who are bullied and bystanders. Bystanders can make bullying worse by joining in,

watching or laughing without speaking up. Thus, they become a part of the problem.

What should you do?

An 'upstander' sees bullying and helps the person being bullied. They never join in and laugh which would encourage bullying. You can also become an upstander by walking away from the situation and reaching out for help. The best solution is to report the incident to a trusted adult. In the case of being bullied online, save the conversation and do not reply to the messages. Reach out for help as soon as possible.

We can all make a difference!

Bullying in any form is never acceptable and we all have a part to play in standing up against it. Your actions however small, can make a difference in the lives of people around you!

I. Read the statements and mark them 'True' or 'False'.

1. Bullying can affect people's mental health, social life and progress at school. _____
2. Bullying is only when a person is hurt physically. _____
3. If you laugh at a bullying situation, you encourage the person who is bullying. _____
4. If you're being bullied online, keep it to yourself. _____

II. Match the meanings given in column A to the words given in column B.

Column A	Column B
1. the state of being unhappy and without any hope for the future.	a. bullying
2. someone who helps the person being bullied.	b. bystander
3. an action that can be physical, social or with words in order to harm him or her	c. depression
4. someone who remains silent or laughs at a bullying situation.	d. upstander

1. _____ 2. _____ 3. _____ 4. _____

III. Answer the following questions in a sentence or two.

1. What is the Pink Shirt Day?

Ans: _____

2. What is meant by social bullying?

Ans: _____

3. According to the author, what's the best solution for bullying?

Ans: _____

IV. Answer the following questions in 3-4 sentences.

1. How can bullying affect a person?

Ans: _____

2. Name any two ways in which you can become an upstander.

Ans: _____

V. Complete the following sentences using one word from the passage.

1. Bullying in any form is never _____.

2. Taking an action against bullying, however small can make a _____ in people's lives.

3. In case of being bullied online, save the _____ and do not _____ to the messages.